

2024 SUMMER SAILING SESSIONS AND CLASS DESCRIPTIONS



Beginning Cubes/Sabots AM (Ages 8 and up)

Prerequisite: Must be at least 8 years old
OR about to enter 3rd grade
 Schedule: 9:00AM-12:00PM
 Monday-Thursday
 Dates: Session 1: June 24 - July 11*
 Session 2: July 15 – August 1
 Full Summer: June 24 – August 1
 (\$395 per session
 \$620 full summer)
 (*No class July 4 – makeup July 12)

This class is designed to teach the basics of sailing and to prepare your child to continue on to the next level. Sailors will learn how to rig and sail solo in a sabot or Cube, while learning about boat parts, wind direction, points of sail, cruising and the basics of racing.

Teen Beginning Cubes/Sabots PM (Ages 11 and up)

Prerequisite: Must be age 12 and up
 Schedule: 1:00PM-4:00PM
 Monday-Thursday
 Dates: Session 1: June 24 - July 11*
 Session 2: July 15 – August 1
 Full Summer: June 24 – August 1
 (\$395 per session
 \$620 full summer)
 (*No class July 4 – makeup July 12)

This afternoon class is limited to older beginning sailors who, due to age and size, are better able to handle the stronger afternoon winds. Same instruction as AM class.

Intermediate Cubes/Sabots, BICs, Optimists (Ages 9 and up)

Prerequisite: Must have completed at least one season of beginning sailing
 Schedule: 1:00PM -4:00PM
 Monday-Thursday
 Dates: Session 1: June 24 - July 11*
 Session 2: July 15 – August 1
 Full Summer: June 24 – August 1
 (\$395 per session
 \$620 full summer)
 (*No class July 4 – makeup July 12)

This class is designed for sailors who have prior sailing experience and want to develop better sailing skills in stronger winds and improve their competitive racing techniques. Instruction will focus on developing the skills necessary to participate in outside regattas by the end of the summer.



Introduction to Racing (Ages 9 and up)

Prerequisite: Intermediate sailing skills
 Schedule: 1:00-4:00PM
 Monday-Thursday
 Dates: Session 1: June 24 - July 11*
 Session 2: July 15 – August 1
 Full Summer: June 24 – August 1
 (\$395 per session
 \$620 full summer)
 (*No class July 4 – makeup July 12)

This class is for sailors with previous sailing experience. Sailors will learn advanced racing rules and tricks to improve boat speed in sabots **and** will have an opportunity to sail CFJs double-handed. This class is especially helpful for our sailors who wish to join high school/club teams and want some experience in racing both single-handed and double-handed boats. Students will be given the opportunity to participate in outside regattas with the full support of their coaches.

Adult Classes

Prerequisite: A desire to learn to sail!
 Schedule: 5:30PM - 7:30PM
 Monday and Wednesday evenings
 Dates: Session 1: June 24 - July 3
 Session 2: July 8 - July 17*
 Session 3: July 22 - July 31
 *(No class July 17 -- makeup July 16)
 Four-class session \$150

A great way to spend summer evenings, this class is designed for adults who want to learn the basics! You will be sailing on FJs until sunset. By the end of the four class session you will be sailing on your own!